

enrich

building healthy relationships
& stronger marriages

Enrich is an online assessment that couples complete to identify their strengths and growth areas. Based on the results, using a couple report, a trained facilitator provides 4-5+ feedback sessions, helping the couple to understand and discuss their results and to learn relationship skills.

More than 2.5 million couples around the world have done the Enrich programme since it began in 1980.



Enrich will help couples:

- Identify areas of strength and areas for growth
- Improve communication skills
- Identify and manage major stress areas
- Increase ability to resolve disagreements
- Build relationship strengths
- Gain a greater appreciation of family of origin issues
- Understand and appreciate personality differences

Now 7 Multi Input Language Options

- English
- Spanish (Español)
- French (Français)
- Korean (한국어)
- German (deutsch)
- Chinese (简体中文)
- Romanian

Counsellors receive reports in the input language of choice and in English.

Interested in training as a counsellor
in the use of Enrich?

Call us, or visit us at www.enrichnz.co.nz

Enrich uses a series of customised online statements to assess relationship strength and growth areas in these categories:

- Communication
- Conflict Resolution
- Relationship Dynamics
- Relationship Stress
- Partner Style & Habits
- Marital Expectations
- Personality Assessment
- Financial Management
- Spirituality
- Children & Parenting
- Family & Friends
- Sexual Expectations
- Leisure Activities
- Role Relationships
- Family-of-Origin Issues

What is the cost of Enrich?

The online assessment is \$50 per couple.

Enrich programmes

- Are scientifically developed and designed to assess relationship strength and growth areas
- Are designed for each couple, depending on how they customise the questions
- Can be used by counsellors with clients (Professional training option available)

0800 895 172

(03) 365 2121

cs@prepare-enrich.co.nz

www.enrichnz.co.nz